

NSACG TRAVEL POLICY

PURPOSE

- A. To establish guidelines for the control and accounting for NSACG, gymnast, coach and parent travel on official business.
- B. To conserve the organization's funds, maximize savings and cost effectiveness of NSACG travel.
- C. To ensure that payment be fair, equitable and efficient for both the coach and the organization.
- D. All optional gymnasts who stay in hotels are required to stay TOGETHER as a team in order to focus on the competition.
- E. Coaches are only responsible for gymnasts during the meet. Parents are responsible for their daughter at all other times during the trip.
- F. Competition is the sole purpose for travel meets. Any site seeing, family visitations, etc are secondary and only allowed at the discretion of the coaches.
- G. Parents need to work with the coaches not against coaches in order to effectively prepare the athletes for positive competition.
- H. One of the most important skills an athlete can learn is being self-sufficient. Independence, adaptability and self-reliance are lessons to be learned in order to be successful in life as well as sports.

DEFINITIONS

LODGING

The travel coordinator will attempt to confirm the host hotel first. If the host hotel is unavailable, the travel coordinator will confirm a nearby comparable hotel.

TRAVEL

Includes air, rail, bus, car rental or personal vehicle. The travel coordinator will arrange the most time and cost efficient mode of transportation.

FOOD

Parents are responsible for all meals, snacks and beverages.

INVATIONALS / SECTIONALS / STATES

GYMNASTS

LODGING

Athletes:

Stay in a room with parent(s). Parents are responsible for room and tax. Travel coordinator makes arrangements.

TRAVEL

In State:

Parents are responsible for transportation to and from the meet site.

Out of State:

Parents are responsible for expenses to and from the meet site. NSACG travel coordinator makes arrangements.

FOOD

Parents are responsible for all meals, snacks and beverages.

COACHES

LODGING

NSACG is responsible for any necessary lodging expenses. NSACG travel coordinator makes arrangements.

TRAVEL

In State:

NSACG will reimburse the coach for use of a personal vehicle at the rate of \$0.55 per mile plus toll charges.

Out of State:

NSACG is responsible for transportation expenses. NSACG travel coordinator makes arrangements.

FOOD

NSACG is responsible for meal expenses based on coach's reimbursement policy. Receipts are required for reimbursement.

PARENTS

LODGING

Parents are responsible for their own lodging expenses.

TRAVEL

Parents are responsible for their own travel expenses.

FOOD

Parents are responsible for their own food expenses.

REGIONAL AND NATIONAL MEETS

GYMNASTS

LODGING

Athletes:

Stay with parents. Parents are responsible for room and tax. If parent cannot attend the meet, it is their responsibility to coordinate with another parent who will be responsible for their daughter for the duration of the trip.

TRAVEL

NSACG is responsible for all transportation costs. NSACG travel coordinator makes travel arrangements.

FOOD

Gymnasts are responsible for all meals, snacks and beverages.

COACHES

LODGING

NSACG is responsible for any necessary lodging expenses. NSACG travel coordinator makes arrangements.

TRAVEL

NSACG is responsible for transportation expenses. NSACG travel coordinator makes arrangements.

FOOD

NSACG is responsible for meal expenses based on coach's reimbursement policy. Receipts are required for reimbursement.

PARENTS

LODGING

Parents are responsible for their own lodging expenses

TRAVEL

Parents are responsible for their own travel expenses

FOOD

Parents are responsible for their own food expenses

TOPS:

(National qualifying camp and A TEAM ONLY)

GYMNASTS

LODGING

Athletes Stay in the team dormitory and NSACG is responsible for room. If the athlete does not qualify due to age for team dormitory, the parents are responsible for hotel fees.

TRAVEL

NSACG is responsible for all transportation costs. NSACG travel coordinator makes travel arrangements.

FOOD

Gymnasts are responsible for all meals, snacks and beverages not included in team dormitory.

COACHES

LODGING

NSACG is responsible for any necessary lodging expenses. NSACG travel coordinator makes arrangements.

TRAVEL

NSACG is responsible for transportation expenses. NSACG travel coordinator makes arrangements.

FOOD

NSACG is responsible for meal expenses based on coach's reimbursement policy. Receipts are required for reimbursement.

PARENTS

LODGING

Parents are responsible for their own lodging expenses

TRAVEL

Parents are responsible for their own travel expenses

FOOD

Parents are responsible for their own food expenses

09/15/09